

ELLIS 2024 June MENU



* Meal and meal component substitutions made by iCater may occur without notice and will meet or exceed all SLP or CACFP meal pattern requirements.

* Meal and meal component substitutions requested by the customer, may not meet all SLP or CACFP meal pattern requirements.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Breakfast – Corn Muffin(2oz), Milk (8oz), Orange(1ea)</p> <p>Lunch- Barbequed Chicken Sandwich, (4 oz), Green Beans (3/4 cup), WW Bun (8oz), butter, Milk (8oz), Cantaloupe (1 slice)</p> <p>Snack – Cheese Stick(1oz), Graham Crackers(1ea)</p> <p>3</p>	<p>Breakfast – Cheerios, Milk (8oz) , Apple(1ea)</p> <p>Lunch – Meat Lasagna(8oz), Broccoli (3/4 cup), WW Bread Slice (1oz), w/Butter, Milk (8oz), Chilled Peaches (4oz)</p> <p>Snack – Unsweetened Apple sauce and saltines(2ea)</p> <p>4</p>	<p>Breakfast – WW Bagel, Cream Cheese, Milk (8oz) , Banana(1ea)</p> <p>Lunch –Mac & Cheese (6oz), Popcorn Chicken (3oz), WW Roll (1oz), butter, and Garden Veg (3/4 cup), Milk(8oz), Honey Dew (1 slice)</p> <p>Snack – Goldfish crackers(1ea), yogurt(4 oz)</p> <p>5</p>	<p>Breakfast – Apple Muffin(2oz), Milk (8oz), Apple(1ea)</p> <p>Lunch –Cheeseburger (3oz), Cheese (1oz), WW Burger Bun (1oz), Ketchup (3oz), Peas & Carrots (3/4 cup), Milk (8oz)/Orange</p> <p>Snack – Cheez-its(1pk, Apple(1ea)</p> <p>6</p>	<p>PROFESSIONAL DEVELOPMENT DAY</p> <p>7</p>
<p>Breakfast –Corn Muffin, (2oz) Milk(8oz), Orange (1ea)</p> <p>Lunch – Grilled Chicken w/Cream (4 oz) Sauce, Mashed Potatoes (3/4 cup), Green Beans (3/4 cup) , WW Bread Slice (1oz) w/Butter, Milk (8oz), Chilled Mandarins(4oz)</p> <p>Snack- Cheddar Cheese Stick(1oz), Graham crackers(1ea)</p> <p>10</p>	<p>Breakfast – Cheerios, Milk (8oz), Apple(1ea)</p> <p>Lunch – Meat Lasagna(8oz) , Broccoli (3/4 cup), WW Dinner Roll(1oz), w/Butter, Milk (8oz), Cantaloupe (1 slice)</p> <p>Snack –Unsweetened Apple sauce and saltines(2ea)</p> <p>11</p>	<p>Breakfast –WW Bagel, Cream Cheese, Milk (8oz) , Banana(1ea)</p> <p>Lunch –Turkey (2 slices) & Cheese (1 slice) Sandwich Chilled peaches (4oz),</p> <p>Snack – Goldfish crackers(1ea), yogurt(4 oz)</p> <p>12</p>	<p>Breakfast – Apple Muffin(2oz), Milk (8oz) , Apple(1ea)</p> <p>Lunch –Meatball Subs(4oz) with Shredded Mozzarella (1oz), WW Sub Roll, Carrots (3/4 cup), Milk (8oz), Honeydew (1 slice)</p> <p>Snack – Cheez-its(1pk, Apple(1ea)</p> <p>13</p>	<p>Breakfast – Kix Cereal, Milk (8oz) , Banana(1ea)</p> <p>Lunch- Roast Turkey (4oz), with Gravy (1oz), Sweet Potatoes (3/4 cup) , and Mixed Vegetables (3/4 cup) & WW Dinner Roll (1oz), butter, Milk (8oz), Orange (1 each)</p> <p>Snack – Multi-grain sun chips, (1oz pineapple (4 oz)</p> <p>14</p>
<p>Breakfast – Corn Muffin(2oz), Milk (8oz), Orange(1ea)</p> <p>Lunch –Chicken Parmesan (3oz), WW pasta (2oz), Broccoli (3/4 cup), Milk (8oz), Apple(1ea)</p> <p>Snack – Cheese Stick(1oz), Graham Crackers(1ea)</p> <p>17</p>	<p>Breakfast – Cheerios, Milk (8oz) , Apple(1ea)</p> <p>Lunch –Breaded Chicken Tenders (5 each 4oz) with BBQ Dipping Sauce (1oz), with Carrots (3/4 cup) and WW Dinner Roll (1oz), butter,-Milk (8oz), Pears (4oz)</p> <p>Snack – Unsweetened Apple sauce and saltines(2ea)</p> <p>18</p>	<p>19</p>	<p>Breakfast – Apple Muffin(2oz), Milk (8oz) , Apple(1ea)</p> <p>Lunch – Cheeseburger (3oz), Cheese (1oz), WW Bun (1oz), Ketchup (3oz), Mixed Vegetables (3/4 cup), Milk (8oz), Cantaloupe (1 slice)</p> <p>Snack –Cheez-its(1pk), Apple(1ea)</p> <p>20</p>	<p>Breakfast – Corn Flakes Cereal, Milk (8oz), Banana(1ea)</p> <p>Lunch –Mac & Cheese (6oz), Popcorn Chicken (3oz), Green Beans (3/4 cup), WW Roll (1oz), butter, Milk (8oz)/ Chilled Peaches (4oz)</p> <p>Snack – Multi-grain sun chips(1oz, pineapple (4 oz)</p> <p>21</p>
<p>Breakfast – Corn Muffin(2oz), Milk (8oz) , Orange(1ea)</p> <p>Lunch – Breaded Chicken Sandwich (4oz), Mayo (3oz) , WW Burger Bun(1oz), Broccoli (3/4 cup), Milk (8oz), Honey Dew Melon (1 slice)</p> <p>Snack – Cheese Stick(1oz), Graham Crackers(1ea)</p> <p>24</p>	<p>Breakfast – Cheerios, Milk (8oz) , Apple(1ea)</p> <p>Lunch –Salisbury Steak (3oz) with Gravy (2oz), Roasted Potatoes (3/4 cup), Carrots (3/4 cup) WW Dinner Roll (1oz), butter, Milk (8oz), Orange</p> <p>Snack-Unsweetened Apple sauce and saltines(2ea)</p> <p>25</p>	<p>Breakfast – WW Bagel, Cream Cheese, Milk (8oz) , Banana(1ea)</p> <p>Lunch – Pancakes (3oz), Sausage Patty (2oz), Tater Tots (3/4 cup), Syrup, Milk (8oz), Apple</p> <p>Snack-Goldfish crackers(1ea), yogurt (4 oz)</p> <p>26</p>	<p>Breakfast – Apple Muffin(2oz), Milk (8oz) , Apple(1ea)</p> <p>Lunch –Chicken Nuggets (5 each 4oz), w/ Sour Dipping Sauce (2oz), Mixed Vegetables (3/4 cup), WW Dinner Roll (1oz), butter, Milk (8oz), Mandarins(4oz)</p> <p>Snack – Cheez-its(1pk, Apple(1ea)</p> <p>27</p>	<p>Breakfast – Kix Cereal, Milk (8oz) , Banana(1ea)</p> <p>Lunch – Cheese Ravioli (3oz) and meatballs (2oz) with marinara, Cali-Gold Vegetables (3/4 cup), WW Dinner Roll (1oz), Butter / Milk (8oz)/ Chilled Pears (4oz)</p> <p>Snack -Multi-grain sun chips(1oz, pineapple (4 oz)</p> <p>28</p>